

**You are 18+ years old, maybe just out of school, you always wanted to explore South Africa and are willing to devote your precious time & energy to projects in need? Then become a project worker in this beautiful country!**



As South Africa has a need for volunteer workers in many community projects, YFU South Africa co-operates with various institutions all around the country. Most of them are non-profit organizations, strongly dependent on private funding as well as volunteer commitment and therefore very excited to be YFU partners.

The following pages are filled with details on each project we currently work with. We are constantly setting up new partnerships and are also happy to react to certain wishes or suggestions by you.

As a project worker you must be 18+ years old. It is essential that you are able to understand and fluently speak English. In some cases it might even be necessary to adjust to another indigenous language of South Africa – typically Afrikaans – depending on the region where you work. Projects involving orphans or people affected by HIV-AIDS require a lot of emotional strength, patience and tolerance from you. You must be willing to respect project rules and policies. Keeping an open mind will help you enjoy the best experience possible.



This is a self-enrichment program, giving you a once in a lifetime experience! As a volunteer you will not be paid, but receive accommodation and meals. You can count on exactly the same support our ordinary exchange students enjoy, like airport pick-up and taking part in orientations, get-togethers and tours as far as possible.

So have a look at the project profiles! They and we are looking forward to welcoming you to South Africa...

**Please apply via your national YFU office.  
Find your country on [www.yfu.org](http://www.yfu.org)!**



## About SANCCOB

SANCCOB is a non-profit organisation that aims to conserve and protect South Africa's coastal birds, especially threatened species.

The core functions are to...

- rehabilitate ill, injured, oiled and orphaned sea birds on a daily basis.
- prepare and manage the rehabilitation of sea birds during a major oil spill.
- raise awareness about conservation through environmental education.
- collaborate on research projects.

SANCCOB has treated more than 83 000 sea birds since its establishment in 1968!

**Location** Table View, Cape Town

**Duration** 6 weeks to 12 months

## The perfect volunteer...

...must be interested in work with especially birds. You need to be cooperative and willing to work as a team at all times. If you wish to stay longer than three months experience or a strong interest in veterinary medicine would be an asset and will ensure a more diversified experience. And don't forget to renew your tetanus vaccination before you come.

## Accommodation

Home stay with a SANCCOB volunteer – meals and transfer to and from SANCCOB included. You must be comfortable around cats, as the volunteer also conducts a cat sanctuary. However, other accommodation can be arranged.

## Working schedule

8 a.m. to 5 p.m. - five days a week. Weekends will also be scheduled, but you are guaranteed one weekend off per month.

## Tasks

Your duties include, but are not necessarily limited to the following:

- feed, tube, wash and hold birds
- scrub pens and keep entire centre clean and hygienic
- assist in the Intensive Care Unit
- rescue birds

**More information** [www.sanccob.co.za](http://www.sanccob.co.za)



## About TEARS

TEARS is a non-profit, pro-life animal rescue society. Since the centre started in 1999, it has re-homed over 4500 animals. At any given time over 250 abandoned, abused and neglected dogs and cats are cared for at the shelter while being re-habilitated and waiting to be placed into loving homes. TEARS' own in-house veterinary surgery makes sure they are healthy. In addition a mobile clinic is present 6 days a week in the local townships to provide food parcels, veterinary treatment and animal care education.

**Location** Kommetjie, Cape Town

**Duration** flexible

## The perfect volunteer...

...must have a love for animals and working outdoors. Be prepared to get bitten or scratched, as you'll be very hands-on with the animals. The ability to work in a team and show initiative is essential. An outgoing & understanding personality will help with working in the local communities. Any volunteer with veterinary experience will be much appreciated.

## Accommodation

You will be placed in a host family nearby TEARS.

## Working schedule

You will work between 9 a.m. and 4.30 p.m. with usually two days off each week, which can be negotiated upon your arrival.



## Tasks

Various tasks are waiting for you in this project:

- Help with daily tasks such as feeding, cleaning and exercising the animals, both at the kennels and cattery.
- Join the mobile clinic and assist with basic veterinary treatment, food distribution and collecting or returning animals in the townships.
- Assist with regular cleaning duties and general maintenance around the centre.
- Help out at the 4 charity shops and with a range of other fundraising activities.
- Observe and assist veterinary operations within the in-house surgery.

**More information** [www.tears.org.za](http://www.tears.org.za)



## About the Free State Youth Care Centres

The "Free State Youth Care Centres" includes several child and youth care centres in various towns throughout the province. A total of 730 children of all ages, gender and cultural backgrounds are currently provided with care, education, development & treatment. Some are orphans, others come from disadvantaged or disruptive family backgrounds. Many have been traumatized due to being neglected or exposed to exploitation and violence, now lacking trust in themselves and adults. In each centre, a normal residential house, 12-16 children are cared for by a team of trained child care workers & therapists. That's where they find a new loving home, if they are not ideally placed in a foster care family. You will be placed in one of these centres.

**Location** Bloemfontein & around

**Duration** 3 to 12 months

### The perfect volunteer...

...must have a calling for this kind of work and a passion for children! You must bear in mind that many of the children have suffered considerable emotional and physical trauma in their lives – so show a lot of empathy and support. A tolerant and patient personality is a must.



### Accommodation

You will be accommodated and provided with meals in the centre you are working at. You will have a private bedroom plus bathroom.

### Working schedule

You will work broken shifts, according to the children's needs. You will help them in the mornings and after they come back from school till the evening. In between you have free-time as well as every second weekend.

### Tasks

Your overall task will be to give care and love to the children! Assist them in the mornings with breakfast and getting ready for school, cook lunch, look after them in the afternoons, help with school work, organize recreation and sports programs and assist the house mother with other daily work. You might also get involved in some management related tasks.

**More information** [www.vironskinders.org.za](http://www.vironskinders.org.za)



## About the Durbanville Children's Home

The Durbanville Children's Home aims to provide love, safety, nutrition and shelter for (currently around 140) children in need of care as well as sustaining contact with parents and families in order to re-unite them in a healthy family relationship. The Children's Home forms a safe therapeutic environment after experiences of neglect, abuse or abandonment and aims to meet the emotional, psycho-educational and social needs of all the children from within a fundamentally Christian belief.

**Location** Durbanville, Cape Town

**Duration** 6 to 12 months, starting in April or October each year

### The perfect volunteer...

...must be passionate about working with children and show a considerable amount of empathy, tolerance and patience. You must have a mature attitude towards the work. A driving license as well as previous jobs in the area is preferable, but not essential.

### Accommodation

You will live and eat in the Children's Home, in dormitory-style accommodation with many other international volunteers.

### Working schedule

You are expected to work 40-45 hours a week, generally it will be broken shifts, according to the times the children are on the premises. There will be a compulsory period of night-shifts.

### Tasks

There is a lot of exciting work to do! Depending on your skills and the needs in the Children's Home, you could be active in the following fields:

- Childcare
- Sport & Recreation
- Management
- Administration
- Logistics
- Transport
- Therapy



You will work as part of a team of 20-30 other international volunteers besides the qualified staff that will supervise you.

**More Information** [www.durbanvillekinderhuis.org.za](http://www.durbanvillekinderhuis.org.za)



# CapeNature



## About CapeNature

CapeNature is a public institution with the statutory responsibility for biodiversity conservation in the Western Cape. It covers a variety of nature reserves in the province. One of CapeNature's aims is to create a keen appreciation of and respect for biodiversity and social conservation in the youth of today. Various environmental awareness programs are offered in youth centres in some reserves. In addition a 14 months training program aims to prepare unemployed young people for work in the conservation management or tourism arena. You will have the chance to immerse yourself in these youth programs and gain lots of wonderful experiences in both conservation and youth work!

**Location** Cape Town & Western Cape

**Duration** 6 to 12 months

## The perfect volunteer...

...is preferably 24 years or older, independent and highly motivated. You should have an interest or experience in conservation, youth work, social ecology or something related to welfare work. Medical fitness is important due to the physical demands of the outdoor work in the reserves (climbing mountains etc.). You need to bring along good hiking boots, some old working clothes and an all-weather jacket.

## Accommodation

You will be accommodated in the reserves and transport for all work tasks as well as meals will be provided.

## Working schedule

Formal trainings run from 7.30 a.m. till 5 p.m., but there is a little more work to be done before and after, so basically most of your day is filled. You work Mondays to Saturdays with Sundays off. Per month you will be given at least one long weekend off (Thu. afternoon to Mon.).

## Tasks

You will be involved in the day-to-day running of the training program, acting as an assistant team leader. Your tasks will include ensuring punctuality and attendance to class, task supervision, assistance with coaching and preparation of reports, coordinating camp outs at different reserves, logistical support etc. You might be called to lead a small group during practical learning in the reserves. Moreover you will assist in other programs, such as open days, environmental excursions for school groups, foreign study group visits and conferences.

**More Information** [www.capenature.org.za](http://www.capenature.org.za)

## About Our Place

The mission of Our Place, a non-profit organization, is to provide a self-sustaining, caring environment for children and adults infected and affected by HIV-AIDS by empowering them to live with dignity and hope within a family structure. Our Place provides a "home to come to" for those people who have been abandoned due to the stigma and the socio-economic consequences of HIV-AIDS. Since 2003 Our Place runs a hospice in Bloemfontein, which provides a home for approximately 30 residents and functions as a community center offering free counseling, advocacy, meals and transportation to health facilities. Later more hospices were created.



**Location** Bloemfontein & Transkei



**Duration** 3 to 12 months

### The perfect volunteer...

...has a positive attitude and is willing to help with anything! You should be emotionally strong and know that you won't be able to change the whole HIV-AIDS situation, but you can make a big contribution to some people's lives.

### Accommodation

You will be accommodated at the hospice in a separate room – ideally by yourself, but maybe sharing it with another volunteer. You will also be provided with daily meals.

### Working schedule

The working hours are negotiable and flexible according to each day's certain needs, but will usually be from 8 a.m. to 5 p.m. Four days on, two days off!

### Tasks

You will be involved in all aspects of the smooth running of several hospices. Among other tasks you will assist with general care giving to the residents/patients, preparing food, cleaning and tidying the centre and management related issues.